

Video Project 2: Oral hygiene, tooth decay, cavities, gingivitis, tooth care, brushing, flossing, scaling (Continued)

- ✓ advise /z/ verb
advice /s/ noun [U]

We advise regular brushing.
We advise you to brush your teeth regularly.

Listen to your dentist's advice.
He gave me some good advice.
She gave me two very good pieces of advice.

- ✓ at least /li:st/

- ✓ That means flossing your teeth and regular brushing.
regularly brushing your teeth.

- ✓ saliva /sə'laɪ.və/ salivary /sə'laɪ.vər.i/

- ✓ hygiene [U]
good oral hygiene

- ✓ There are foods (which are) rich in calcium...

- ✓ **heredity** /hə'red.ə.ti/ noun [U]
the process by which characteristics are given from a parent to their child through the genes:
Diet and exercise can influence a person's weight, but heredity is also a factor.

- ✓ particularly
in particular

- ✓ e'liminate

- ✓ thread /θred/
toothpaste /'tu:θ.peɪst/
area /'eə.ri.ə/
sealant /'si:.lənt/

- ✓ face /feɪs/
surface /'sɜ:.fɪs/

- ☑ **consist of sth** phrasal verb [L not continuous]
to be made of or formed from something:
The team consists of four Europeans and two Americans.
It's a simple dish to prepare, consisting mainly of rice and vegetables.

consist in sth phrasal verb [L not continuous] FORMAL
to have something as a major and essential part or quality:
The beauty of air travel consists in its speed and ease.
For her, happiness consists in watching television and reading magazines.

- ☑ subtle /'sʌt.l/

- ☑ **Hélène and Eva's Presentation** (Practice run)

- gingivitis /,dʒɪn.dʒɪ'vaɪ.tɪs/
- Gingivitis is caused by the plaque which forms on the tooth surface.
- de'velop
- The tartar spreads into the space between the gum and the root.
- It is reversible with treatment.
- regular brushing
regular brushing of the teeth
- The ,gum ,pulls a ,way from the 'teeth.
- hygiene /'haɪ.dʒi:n/
- ,H,l'V
- saliva /sə'lɑɪ.və/
- recession of the gumline
- pocket formation
- The gums may bleed during and after brushing.
- It can be limited to certain teeth or be generalized.

- ☑ **Laura, Chloé and Heloise's Presentation** : (Practice run)

- How can cavities be prevented?
caries
- The **use** of something...
use noun /ju:s/
use verb /ju:z/

- Let's talk about...
Let's start by talking about...
Now, Heloise is going to tell you about...
Heloise will start off by describing how...
- **counselling**, US USUALLY **counseling** /'kaʊn.səl.ɪŋ/
- purpose /'pɜː.pəs/
- previous /'priː.vi.əs/
- bacteria /bæk'tɪə.ri.ə/
- ... the food that you eat, more particularly food such as ...
- a diet rich in vegetables
fruit and vegetables
- Protect your teeth by concluding your meal with anti-caries food.
- acid attack
- If you eat fewer snacks, you will be less likely to develop cavities.
- low-fat dairy products
- sticky food
- As the baby drinks from this bottle...
- There is prolonged contact between the teeth and this sugary liquid.
- Hold the brush at 45 degrees to the gumline.
Hold the brush at a 45-degree angle to the gumline.

And finally homework:

1. Print-out the class notes and review it actively. (Don't just read it! Try to use the sentences and talk to yourself or your friends about it.)
2. Prepare yourself for the practice run for video project 2.
Hélène and Eva : gingivitis
Laura, Chloé, and Heloise: How can cavities be prevented.
Here are some **new** resources to help you:
<http://video.google.com/videoplay?docid=1904355136334935407#>
<http://video.google.com/videoplay?docid=1904355136334935407#docid=-5813823470227381061>